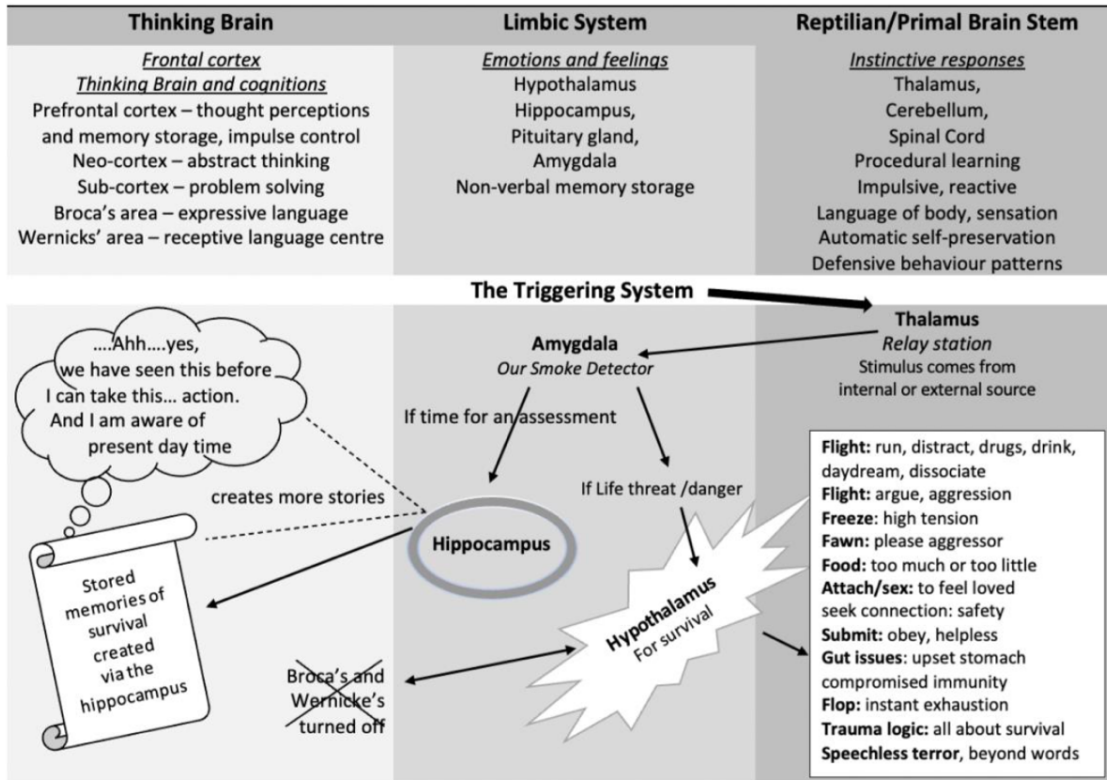
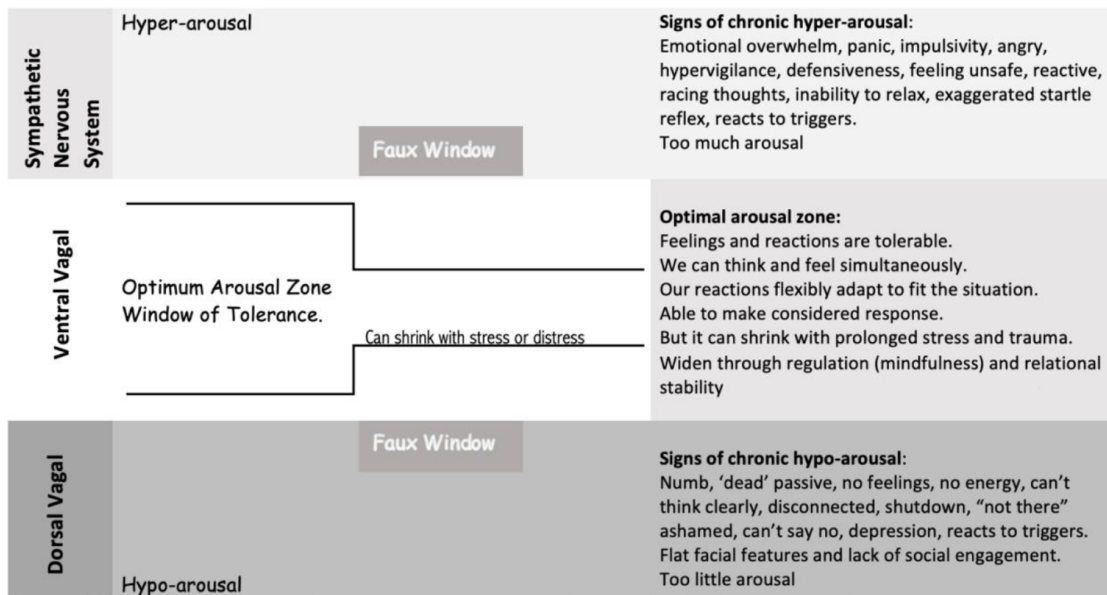


The Triune Brain and the Triggering System



Paul MacLean (Triune Brain 1960's), Janina Fisher 2009, Dan Siegel 2012, Van der Kolk 2014, Ogden and Fisher 2015
 Infographic created by Sally Bubbers 2022

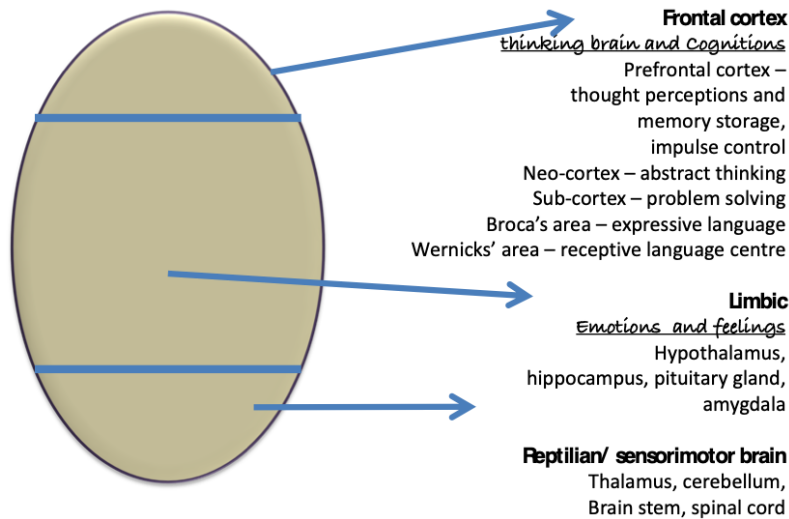
Window of Tolerance and Polyvagal Theory



Dr Dan Siegel 'window of tolerance' 1999. Ogden, Minton & Pain 2006, Dr Janina Fisher 2008, Van der Kolk, Peter Levine, Stephen Porges 2017, Kain & Terrell 2018
 Infographic created by Sally Bubbers 2022

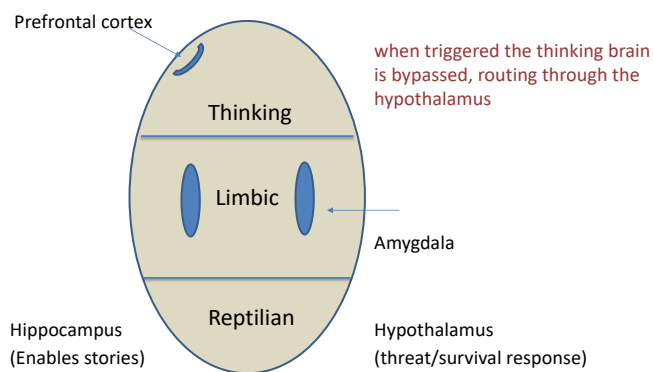
Sally Bubbers, pages 128 and 134. Gubi, P.M. (Ed.) (2023). *Enriching Awareness and Practice in the Pastoral and Reflective Supervision of Clergy*. Lexington Books: London & New York.
https://www.amazon.co.uk/Enriching-Awareness-Practice-Reflective-Supervision/dp/1666909858/ref=sr_1_4?qid=1686869519&refinements=p_27%3APeter+Gubi&s=books&sr=1-4

The triune brain



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The triggering system



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